

AFRICA HEALTHCARE AWARDS AND SUMMIT

2021 25-26
June



ZENITH GLOBAL
HEALTH

Celebrating Excellence in Healthcare



THEME

ADVANCES IN CANCER
AND DIABETES CARE:
PLUGGING THE GAPS

Oriental Hotel,
Victoria Island Lagos,
Nigeria

 www.zenithglobalhealth.com



Amidst the pandemic and the recent development in the vaccine space, it is time that we do not drop the ball. This was evident during the discussions that took place at the inaugural Pan African Summit in Lagos, Nigeria. According to the technical report by the World Health Organization (WHO) of a meeting held in July 2020 in Geneva, Non - Communicable Diseases (NCDs) requires all players on board. The members present at the meeting recognized the need to have Universal Health Coverage (UHC) packaged in such a way that saw the inclusion and guarantee of NCD services. The idea is to have the same conversation on NCDs on the same table as UHC.

With a passion for celebrating excellence in healthcare, Zenith Global Health is an organization with healthcare professionals at its core. Zenith Global Health has over 29 years' experience in healthcare sector. The founder Mary Akangbe is a surgical nurse who has majored in minimal invasive surgery and health technology . Zenith Global Health has built a team with diverse skill set allowing the company to bring its vision to life creatively and in an innovative manner . At Zenith Global Health, we recognize that many healthcare and allied healthcare professionals go beyond the call of duty to ensure delivery and sustenance of quality care for patients globally and we proudly celebrate this!

The following report is a snippet of the two-day intense discussions that were held from 25th to 26th June 2021 in Lagos, Nigeria.

President's foreword speech

On behalf of all at Zenith Global Health, I welcome you to this Pan African event. It is a great privilege to hold the maiden edition of the Africa Healthcare and Summit in Lagos, Nigeria

Healthcare professions in recent times more than ever before in the wake of the pandemic, have yet proved their dedication and commitment and deserve to be celebrated. It is therefore a pleasure for us to be able to acknowledge and celebrate the amazing and ground breaking work that you all do across health and social care.

Tonight, we honour some of the best examples of commitment and dedication both nationally and internationally from clinical care to education, research and leadership.

As we celebrate, I also hope that this gathering inspires ideas and discussions around ways we can collaboratively continue to uphold excellence in healthcare. One of the aims is to foster collaborations, innovations and shared learning so we can embrace and establish best practices globally.

We couldn't have pulled the awards off without the hard work and dedication of the team. In this light, we are grateful to the department for International Trade for the amazing reception and partnership. This Summit wouldn't have been possible without the support of our sponsors and partners and this we are thankful.

On behalf of the team, I would like to congratulate all of this year's recipients, winners and finalists.

We also appreciate the support of our colleagues present here and tonight to celebrate with us. We hope it inspires you to enter and nominate next year. Thank you for all you do.

See you all in 2022.



Mary Akangbe
President/Founder
Zenith Global Health, June 2021

DAY 1

Keynote Address

**Prof. Stanley Okolo**

Director General

West African Health Organization
(WAHO)

Prof. Okolo was the keynote speaker on Day 1 and he responded to the issue of cancer by first outlining the concerning number of adults suffering from diabetes in the ECOWAS region which he stated would double from about 6.3 million in 2030 to 13 million by 2035. With the annual death rate and increase in the number of people with cancer from 681,000 to 1.6 million people between 2008 to 2030.

He opined that Africa would record more deaths from these health challenges than it did with the coronavirus. According to the Professor, the focal point is to have mental, physical and economic responsibility towards an integrated response in the early detection, management and treatment of these challenges. He mentioned that Africa needs greater collaboration between multi sectoral groups in the health sector. WAHO through its mandate as the health arm of 15 African states, is targeting to reduce the risks of NCD by engaging all sectors.

The main mandate for the West African Health Organization is to attain the highest standard and protection of health of the people in the sub-region through;

- Harmonization of the policy of the Member States,
- Pooling of resources,
- Cooperation with one another and others,

This will go a long way in guarantying a collective and strategic comeback against the health problems in the sub region.

Goodwill Message



Dr. Walter Kazadi Mulombo **Representative Nigeria** **World Health Organization**

Dr. Mulombo started off by sharing his regards on behalf of the WHO regional director for Africa Dr. Matshidiso Moeti. He expressed his gratitude for being invited to deliver his goodwill message for the first inaugural Africa Healthcare Awards and Summits (AHAS). Dr. Mulombo mentioned that the summit theme, "**Advances in Diabetes and Cancer Care, Plugging the Gaps**" resonates with the 74th World Health Assembly resolution on reducing the burden of NCDs through strengthening, prevention, and control of diabetes which was held in May 2021.

The resolution called for the Member States to raise the priorities in regards to prevention, diagnosis, control of diabetes as well as prevention and management of risk factors such as obesity.

The resolution recommends:

- The development of pathways for the prevention and control of diabetes including access to insulin.
- The promotion of harmonization of regulatory requirements for insulin and other medicine and health products for the treatment of diabetes.
- Assessment of the feasibility and potential value of establishing a web-based tool to share information relevant to the transparency of markets for diabetes medicine and health care products.

Lung, prostate, colorectal, stomach and liver cancer are the most common types of cancer in men while breast, colorectal, lung, cervical cancer are the most common in women.

The WHO representative continued to highlight the numerous opportunities existing in the fight against diabetes and cancer in Nigeria that include:

- Various health laws regulations:
- Policies and strategic planning on NCDs
- Inclusion of NCDs in the national insurance funds
- Strong political will and budget for NCDs by the national Government
- Involvement of the First Ladies in creating awareness,
- Development partners and private sectors supporting the efforts of the government around NCDs

WHO, through its transformational agenda and Nigeria Country Cooperation strategy within the GPW-13 is providing technical assistance to the government of Nigeria strengthening the prevention and control of diabetes and cancer in the country.

PLENARY 1

Theme: "Diabetes the Burden we all ignore"



Moderator

Ms. Pumela Salela
Country Head (UK)
Brand South Africa

Speakers

Dr. Namoudou Keita
Primary Healthcare Lead
West African Health Organization



He started off his speech by mentioning that the total number of people with diabetes exceeded the number of people with HIV/AIDS. In 2019, 463 million people had diabetes, as opposed to 38 million with HIV/AIDS, 10 million with Tuberculosis and 228 million with malaria. Dr. Keita mentioned during his presentation that 1 in 2 adults with diabetes are UNDIAGNOSED (over 212 million people) 69% in Africa.

In terms of Universal Health Coverage (UHC), Dr. Keita highlighted that equity, quality health services and financial protection are crucial for people suffering from NCDs. With the number of opportunities available within the NCDs space, there are some best practices in the west African region that could be replicated in other countries such as

- NCD Financing with an annual budget of 15 million in Benin
- Mobilization of funds from the private sector
- Health Insurance covering NCDs e.g., in Ghana and Senegal
- National Guidelines for NCD practice at the primary care level

While wrapping up his speech Dr. Keita mentioned that, WAHO is committed to opening its doors to explore partnership opportunities around NCDs with other healthcare sector players.



Dr. Karim Bendhaou
Head of Bureau Chez
Merck Group

Joining virtually during the panel session was Dr. Karim whom highlighted challenges and how collaboration and establishment of viable Private Public Partnerships (PPP's) can go a long way in strengthening the African health system. While outlining the huge role PPP's can play in the health sector, he shared the various ways through which the Merck group is already championing this cause.

Dr. Karim expressed his gratitude for being a part of the hybrid event. He mentioned that diabetes is the burden we all ignore but was happy to have the opportunity for the private sector to collaborate and explore areas of synergies and bring solutions to people living with diabetes.

He highlighted that 2021 was a special year as it was the anniversary of the 10th United Nations high level meeting on NCDs and 100 years of the discovery of insulin. Diabetes is a uniquely complex disease with different types and causes that are multicultural. Dr. Karim acknowledged that there are many stakeholders who need to contribute to improve diabetes prevention and treatment.

He highlighted the issue of organizations working in clusters in the diabetes space either in types, country, industry, sector, government etc. This kind of cluster working has hindered scalability and sustainability within the diabetic field. He expressed the need for innovative multi-stakeholder engagement and integrated diabetes care initiative to address all diabetes concerns.

Dr. Karim mentioned that collaboration between different healthcare players is part of the diabetes solution. Discovering innovative and developing new vaccines within the health space involves fostering innovations through medical education and sharing expertise throughout.

The International Federation of Pharmaceutical Manufacturers Association (IFPMA) launched a call to action to urge African Heads of States to ratify the African Medicine Agency treaty. The establishment of the African Medicine Agency will reduce the complexity of the regulatory framework and enable patients in Africa to have timely access to medicines that are safe.

Merck Group's passion for science and technology is what drives 58,000 employees in 66 countries to find solutions to some of today's toughest challenges and create more sustainable ways to live. As a vibrant science and technology company, Merck believes in science as a force for good.



Engineer John Enoh
Founder
Lafiya TeleHealth

The founder of Lafiya Telehealth during the session extrapolated how telemedicine is the future of health especially in rural areas with poor health systems. He showed how Lafiya group through its innovation is providing healthcare to people in a very fast, convenient, and effective way

For Eng. Enoh , telehealth is highly effective in the management of diabetes given the health infrastructure of Nigeria and other parts of the African continent. He proposed that the government and NGOs have a unique role in tackling this problem and they can do so by investing in digital transformation to cut down the chunk of resources the continent loses. Though there are immense effects on the overall health of diabetes such as financial constraint, Eng. Enoh brought out the diverse solutions that telemedicine can and does provide as a remedy for such as:

- Constant Communication between HCPs and diabetic patients
- Frequent check in on patients
- Recommendation of healthy lifestyle decisions
- Supervised autonomy I.e., monitored assistance

Lafiya's founder gave a case study of 42 trials in both type I and type II diabetes where the findings were circled around the importance of telemedicine.

These findings were that; Telemedicine interventions are more effective than usual care in managing diabetes especially type 2 diabetes; Older patients and longer duration of interventions provide superior results.

Though telemedicine is a solution for the healthcare space, Eng. Enoh also highlighted that there are key issues that need to be addressed such as; Doctors leaving emerging markets; Doctors looking for work outside the African continent; Zero or limited medical insurance; alarming patient to HCP ratio; Rising cost of healthcare and COVID-19.

Lafiya Telehealth is a digital healthcare platform that provides on - demand 4/7 healthcare services to its clients in Africa, Middle East, Asia, Latin America, North America and Europe. From exclusive walk-in mobile station kiosks to a smartphone app, you can now instantly connect with a certified doctor or pharmacist regardless of your location and financial condition.



Comrade Bernard Enyia
Secretary General
Diabetes Association of Nigeria (DAN)

Comrade Bernard spoke on the challenges of living with diabetes and how the relevant sectors can play a huge role in making life much easier for them. His presentation was circled around "Sustainable coping mechanisms for people living with diabetes". He clearly stated that the best doctor for a diabetic is the diabetic himself given that not everyone understands how and what it means to live with one.

Comrade Enyia highlighted that coping with diabetes requires total acceptance and good understanding of the condition. He emphasized on having vast information on strategic and timely interventions towards sustainable selfcare practices. Comrade Bernard highlighted barriers towards sustainable ways of coping with diabetes like:

- . Stigma and discrimination
- Unreliable data
- Wrong information and misinformation
- Poor regulation and weak advocacy groups
- . Catastrophic expenditure and impoverishment and so forth

He recommended that the relevant groups form an organized system for support for people living with diabetes that would help in increasing awareness, provide support as well as educate them on how to manage the mortality of people living with it. As part of his speech, he recommended that the National Assembly should legislate and impose a 5-10% excise duty tax on sugar sweetened beverages.

The Diabetes Association of Nigeria (DAN) was founded 26 years ago in Benin, Edo State the Diabetes Association of Nigeria (DAN) now has chapters in every State of the federation. It is made up of people with diabetes and careers of people with diabetes. The association is affiliated on the international scene with the international Diabetes Federation. The association has cordial relationship with other professional bodies like the Nigerian society of endocrinology & Metabolism NSEM, the Nigerian chapter of the American Association of Clinical Endocrinologists, the Nutrition society of Nigeria, Society for Diabetes Educator of Nigeria and several other bodies.



Mr. Jude Abonu
Country Manager
Nigeria & Business Unit Head of the
English West Africa Cluster - Novo Nordisk

Mr. Jude gave the history of insulin and explained how Novo Nordisk is helping to make insulin affordable for people living with diabetes in Africa. He supports the statement that the best doctor for a diabetic is the diabetic himself as when you know more, you'll be able to take care of yourself much better. He looked at the data of people living with diabetes in Africa which he pegged at 19 million adults but only half of this number are aware. According to the statistics he presented, by 2045 the mentioned figure could rise from 19 million to 47 million diabetic people.

The alarming part of the statistics is that 3 out of 5 people are UNDIAGNOSED and that 1 out of 7 type II diabetes people have access to the insulin that they need. His speech was circled around "**Driving change in diabetes: Our commitment to a holistic approach**". Mr. Abonu gave his speech when the 'a lifesaving discovery' turned 100 years.

Novo Nordisk is a global healthcare company founded in 1923 and headquartered in Denmark. Their purpose is to drive change to defeat diabetes and other serious chronic disease such as obesity and rare blood and endocrine disorders. They supply nearly 50% of the world's insulin, have over 80 countries affiliation and thrive to break barriers and empower live in the world. Novo Nordisk are taking the initiative to make insulin affordable to people in Africa by partnering with NGOs and governments through their different programs. They are also training doctors in the African continent on the recent changes in diabetes health. And making insulin cheaper for seniors as well as kids.

PLENARY 2

Theme: "Breaking the Barriers in Cancer Care"

Keynote Speech



Prof. Akin Abayomi
Hon. Commissioner for Health
Lagos State, Nigeria

Prof. Abayomi sent his apologies as he was unable to attend the summit physically. However, his representative mentioned that focus should be on strides that the Lagos Government has made through its ministry of health. Like making sure that mortality rate of cancer is minimized.

The speed has also outlined that the state through its enlightenment programs and early detection and prevention, has made noticeable strides in the health space. The speech called upon encouragement and support from the private sector players to complement the work that the private sector space. The speech was concluded by mentioning that the Lagos State- Health Department is more than ready to support organizations that are making strides in the cancer fight.

The honorable commissioner also sent his regards to the organizers for AHAS21.

Moderator

Dr. Modupe Elebute- Odunsi
CEO & Founder
Marcelle Ruth Cancer Center &
Specialist Hospital



Speakers



H.E. Dr. Zainab Bagudu- Shinkafi **First Lady of Kebbi State, Nigeria**

Her Excellency, MD/CEO, Medicaid Cancer Foundation highlighted the problems facing the Northern part of Nigeria with cancer detection and prevention. Her excellency Identified religion and illiteracy as the primary cause of not seeking treatment and explained the very strides she is taking towards educating people to shun such notions. For her, the fight against cancer should be a collective effort from both the public and private sectors.

Late diagnosis is an issue and Her Excellency called for;

- Awareness
- Education
- Shun negative media
- Embrace the positives

During her remarks virtually, cervical cancer is the second most common cancer in Nigeria and is the one cancer that is eliminable and WHO has launched a global strategy to eliminate the same by the year 2030. The aim is to get 90% girls vaccinated with the HPV, 70% screened and 90% treated early in Nigeria. The idea is to target young girls between 9-14 years and this programme is in Lagos. Her Excellency called upon members present to ensure that their daughters get the vaccine at an early age.



Dr. Olujimi Coker
CEO- Lagoon Hospitals

Dr. Jimi Coker a surgeon, joined us virtually to give insight into cancer care in Nigeria. He shared statistical evidence of 124,815 new cancer cases and over 78,000 deaths (63%). Some of the ways we can bridge the gap is through prevention, clouding lifestyle, and behavioral changes. Upskilling oncology all surgical skills, collaborative Multi-Disciplinary Team and Tumour Boards.

Dr. Coker mentioned that the most crucial part of the care is public health and early diagnosis. The four cancers that are top of the list in 2020 are cervical cancer, prostate cancer, colorectal, cancer and breast cancer. These cancers are preventable if detected earlier and most can be treated through surgery. He dived deep in modifiable and non- modifiable behaviors by expounding more on different examples of the same. He also urged the need to have detection and diagnosis done early in advance in order to curb cancer. Dr. Coker emphasized on the importance of early clinical detection as most patients go to chemists and pharmacist as first point of care.

Religion also is a key issue where patients do not accept their fate and rather turn to religion without taking the medication. He called upon training of surgeon and ensuring that the right training and equipment is put in place. There are innovative methods in the cancer space that have been discovered and these make the treatment process much easier for healthcare professionals.

Lagoon hospital has been having virtual team meetings with other partners to exchange ideas and refer to papers and research done within the cancer space. Professors, radiologists, radiologists and pathologist and other HCPs meet weekly to discuss cases and come up with solutions.

Lagoon Hospitals has consistently been providing healthcare of international standards in Nigeria. Established in 1984 by Professor Emmanuel and Professor (Mrs.) Oyin Elebute, and commencing operations in 1986 as a provider of integrated healthcare services, Lagoon Hospitals is currently the largest private healthcare services Group in Nigeria with six healthcare facilities. Lagoon Hospitals is the only Nigerian Hospital group accredited by the Joint Commission International, and one of two groups in Sub-Saharan African to be so accredited. The Hospitals was first accredited in 2011 and re-accredited in 2015, 2018 and 2021. This is a guarantee of safe and quality healthcare that meets international standards.



Dr. Mohamed El Sahili
CEO
Medland Hospital

Tracing the major problem with treating cancer in Africa, Dr. Mohamed (also known as Dr. MO amongst his peers) stated that extreme religious and cultural biases stand supreme which in his opinion can be mitigated with proper education and collaboration between the private and public sectors. In his words, "this continent has what no other continent has; its youth, and together we can change the world from here." Given his passion for health especially around Universal Health Coverage (UHC) he highlighted the issue and threats the continent is facing as far as cancer is concerned. Such issues are ;

- . Cultural Bias
- . Beliefs
- . Late detections
- . Inadequate facilities for cancer treatment

Dr. Mohamed proposed that collaborations and proper education were key to curbing the above-mentioned threats. Public-Private Partnerships (PPPs) are crucial to achieve the next milestone and tackle the alarming numbers/statistics in the continent. At the Medland Hospital in Lusaka, Zambia, Dr. MO is trying to change the notion of limited resources in healthcare as his state-of-the-art hospital has opened door to all kinds of citizens.

Medland Hospital has been created on the basis of a comprehensive specialized hospital that provides discreet and individual quality care for both day and overnight stay, in elegant surroundings. At Medland our patients always come first, and they are dedicated to providing an excellent standard of care to their patients in a friendly, safe, and comfortable environment.

Medland Hospital's main focus is on delivering quality care and value for money. It plays a key role in the health of the Zambian community, by providing access to specialized medical services, using the latest technology, and employing a team of highly trained and experienced healthcare professionals who practice cutting - edge medical and surgical techniques.



Dr. Tina Barton
COO

Emerging Markets Quality Trials (EMQT)

Dr. Tina Barton spoke on the 'Clinical Trials in the Development of New Medicines'. Dr. Barton first looked at the discriminating data that describes clinical trials as a global endeavor but does not in reality tackle the problem on a global scale. Considering that 17% of the world's population is of African descent only 3% of patients in clinical trials are black people.

Going further, Dr. Barton also looked at the statistics surrounding cancer and diabetes in Nigeria and the divide created by comparison to traditional research locations and today's reality. The solution which is cached in eMQT's vision utilizes research healthcare experts and technology innovation to provide access to patients and high - quality evidence - based patient data in Africa. To achieve this, Dr. Barton looked at perceived barriers that are halting good results such as:

- Infrastructure • Experience
- Culture
- Ethics and regulation

To break these barriers, Dr Tina considered improvements in the above listed factors key. Dr. Tina also emphasized on the need for inclusion in clinical trials in Africa. For her, Africa is ready and with the diversity, in clinical trials, the needed improvement in the outcome for all would be achieved faster.

eMQT serves as the bridge between the pharmaceutical industry and Africa, utilizing research healthcare experts and technology innovation to provide access to patients and high-quality evidence based patient data.



Prof. Paingha Alagoa Sr

Deputy Vice Chancellor at
Bayelsa Medical University
Nigeria

Prof Alagoa's presentation centred round the 'Role of medical education in delivery of quality care' He stressed the importance of medical education as a foundation to universal health coverage in Nigeria.

He continued to add that specifically, there is one doctor to about 4000-6000 inhabitants. There are about 35,000 practising doctors in Nigeria for a population of 200 million.

It is expected that at the rate of production of about 3000 doctors annually from medical schools in Nigeria, it will take another 100 years to achieve the required balance according to WHO recommendations. And with that in mind high quality of teaching and training is vital to achieving same.

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AWARDS

DAY 2

Roundtable Session on Africa Health

Keynote Speech

**Mrs. Clare Omatseye****President-West Africa Healthcare Federation**

She spoke on Public Private Partnership with a focus on partnerships for health. Some of the barriers identified by Mrs. Omatseye are poorly coordinated activities leading to duplicity and wastage, poor interaction with the private sector and lack of viable platform for Public-Private Partnerships for Health. Healthcare financing she highlighted will lead to affordability of much needed healthcare especially by the marginalised. It will also address some of the institutional problems like poor management of healthcare facilities, infrastructures, technical services and specialists skills. She concluded that positive PPP will lead to job creation, increased investment in relevant services and healthcare workers and affordable health for all. With 2030 in mind.

**60% of health opportunities

** \$1.5 Tr in healthcare solution

**28M new health jobs in Africa

Moderator

Ms. Mories Atoki
 Chief Executive Officer
 ABC Health


Speakers at the round table included

**Prof. Stanley Okolo****Director General****West Africa Health Organization (WAHO)**

Professor Okolo opened the round table discussion by calling upon partnerships, policies and quality in the health space. He emphasized on Africa having a robust and functional healthcare system that has working infrastructure and capacity in terms of people.

**Prof. Nick Sevdalis**
Director, Center for implementation science,
King's College London

Shared ideas on how to maximize adaptation, scaling and sustenance of healthcare delivery across the country that gives ownership and freedom frontline care providers



Mr. Baye Ndiaye
Managing Director
Equally Healthcare

Shared the mission of the organization of making healthcare available and accessible to all through partnership with governments across Africa by replicating



Dr. Namodu Keita, Speaking on behalf of
Dr. Joseph Olorunda (WAHO)

Touched on the crucial point of human resources in terms of the ratio of Healthcare professionals to patients, factors that are responsible for brain drain, coverage in outer areas, and possible solutions to retention. Training, acknowledgement, and reward being some of them.



Dr. Lolu Ojo
Owner, Merit Healthcare Limited

Spoke on drug securities in Nigeria, the fact that 70% are manufactured outside of Nigeria, Only 1% of human Vaccines are Manufactured in the country and a way forward



Dr. Adamu Alhassan Umar
 President & CEO
 Nigerian Cancer Society

Dr. Adamu highlighted the advocacy work being done by the Nigerian Cancer Society as he called upon collaboration in the health space.



Prof. Ifeoma Okoye
 Professor of Radiation Medicine
 University of Nigeria

Prof. Ifeoma Okoye spoke on the Landscape of clinical trials in Africa and its impact. the successes in some countries across the board



Dr. Ifedayo Odeniyi
 Consultant physician/Endocrinologist
 Lagos University Teaching Hospital (LUTH)

During his presentation Dr. Odeniyi identified the burden of diabetes as a matter of life and death. Statistics are grim with 5million lives lost to diabetes in 2015 in comparison with (1.5M to AIDS, TB and 0.6M to Malaria in 2013).

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AFRICA HEALTHCARE AWARDS

The 3 day event at the Africa Healthcare Awards and Summit in pictures



